We invite you to run or walk in the

The Final 5K Shwachman Diamond Dash for a Cure

Saturday June 17, 2017

Entire proceeds to benefit the Shwachman-Diamond Project

Shwachman Diamond Syndrome is a rare bone marrow failure syndrome in which there is no known cure. There are currently about 500 cases worldwide. Currently, it affects a young member of the Sayville community. Not enough research is being done due to the lack of funding and awareness of this syndrome. Shwachman Diamond Project, Ltd. raises monies that go directly to research into a cure and also funds projects into cord blood research. After 14 years this will be our “Last Dash” For a Cure.

5K RUN/WALK

$20 pre-register  $25 day of race
T-Shirts included for all 5k participants

1K KIDS FUN RUN

$7 pre-register  $10 day of race
Kid’s shirts available for purchase race day

Course: 5K (3.1 mile) fast, flat, USATF sanctioned course. Timed by Just Finish Inc. featuring disposable chip technology. Series & race results posted at JustFinish.net

Awards: Top 3 Male & Female in the following groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+, Physically Challenged, Clydesdale/Athena, Super-Clydesdale/Athena-Plus

Overall Prize for the top 3 Male & Female
1st place - $150, 2nd place - $100, 3rd place - $50

Time: 8:30am 1K FUN RUN
9am 5K RUN/WALK
(RAIN OR SHINE)

Check in: 7:00 am - 8:30 am

Place: Sunrise Drive Elementary School - Sayville, NY

Directions: Eastbound: Sunrise Hwy (Rt 27) to exit 50 to Broadway Ave South. Make 2nd right onto Loop Dr. Make 2nd left onto Sunrise Drive Westbound: Sunrise Hwy (Rt 27) to exit 51 to Broadway Ave South. Make 2nd right onto Loop Dr. Make 2nd left onto Sunrise Drive

For More Info: (631) 218-8813
Email: dashforacure@yahoo.com  www.dashforacure.org

Complimentary raffle ticket for all pre-registrants
Raffle tickets for sale day of race

Early packet pick up available on Friday June 16, 2017 between 12-5pm at Sayville Running Store

Sign up online at JustRegister.net

5K Shwachman-Diamond Dash Saturday June 17, 2017 9am

Note: Each entrant must fill out and sign a separate application. Photocopy is acceptable.

Mail to: Shwachman-Diamond, PO Box 820, Sayville, NY 11782
Make Checks Payable to: Shwachman Diamond Project  Must be postmarked by June 12, 2017

NAME: ___________________________  EMAIL: ___________________________

FULL ADDRESS: ___________________________

PHONE: ___________________________  DOB: ___________________________  AGE: ___________________________  SEX: M F

Circle one: 5K Run 5K Non-competitive Walk 1K Fun Run Physically Challenged Donation Only

Clydesdale 185-199lbs / Athena 140-159lbs  Super-Clydesdale 200+lbs / Athena-Plus 160+lbs

In consideration or your accepting this entry, I the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Town of Islip, Sayvile FD, Sayville Public Schools, Just Finish Inc., Shwachman-Diamond Committee and all race sponsors, their representatives, successors, and assigns, for any and all injuries suffered by me in said event. I attest and verify that I am physically fit, and have sufficiently trained for the completion of this 5K (3.1 mile) run, that I am aware of the considerable risks of competing in such an event, and that my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any pictures, or any other record of this event for any purpose whatsoever. If signed by parent, the parent agrees to release and hold the above organizations and persons harmless of any claims and/or rights which may be asserted on behalf of the entrant.

Signature: ___________________________  Parent Signature: ___________________________

if under 18 years old

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